

Every person is in need to acquire knowledge to be use in everyday challenges, as Education is considered a tool for a brighter future.

Yet, their are lot of students find studying as stressful and boring and their are lots of parents that being problematic of the studying habits of their children...



Things You'll Need:

- clean room
- good temperature
- music
- food

Find a well-ventilated room for you to study. The room must be free from television and any other destruction such as your friends or any other person you must be alone to acquire strong concentration.

Prepare all your materials for your subject to study. It is needed that as you start studying there will be no more interruption such as finding your notes, pen and any needed materials. It will just cut out your concentration.

Prepare an i pod, radio or MP3, music is good while studying but this is optional because other find it destruction.

Conduct a specific time for each subject for you to study... Don't be afraid to study on those subject that you are slow but rather choose it to study first and offer a much time on it. Always remember that to attain good studying habits you must attain also a good time management habits..

A lot of intelligent person are more comfortable on studying while eating brain enhancing foods such as fruit shakes, nuts, fruits, vegetables and etc so they can make studying enjoyable and they can't sleep.

Read read read

Tips & Warnings

- Don't think negative on studying remember that if you want to have a better future you are in need to acquire knowledge.
- We can't deny that there are fast learner and slow learner but if you are a slow learner don't hate yourself and think that in order to be a fast learner what you need is just to study and read.
- don't drink coffee or any energy drink so you can avoid sleep it will just help loosen your memory instead eat memory enhancing foods while studying...